

Learn things you can do to maintain your health



CHINESE HERBAL MEDICINE CABINET

Two Class Series

Cold and Flu Prevention

Thursday, October 11th, 2007 : 6:30 pm

External Applications for Musculo-Skeletal Problems

Thursday, November 1st, 2007 : 6:30 pm

Classes are at Laurel Jujitsu

4148 MacArthur Blvd., Oakland

****Pre-registration required****

\$10 per class

No one turned away for lack of funds

*Come to both classes and
receive 1/2 off a massage*

JoAnn
Strang
L.Ac.

Please call
JoAnn Strang, L.Ac.
510-530-3686
with any questions